

Handout 3: "The March of Power" Exercise

INSTRUCTIONS

Exercise: "The March of Power" (15-20 minutes)

Objective: To help participants understand how different identities and positions influence vulnerability to sexual exploitation and abuse, based on power imbalances.

Steps:

1. Preparation: Write down various character profiles on sheets of paper (or display them on the screen).

Examples of profiles:

- A male aid worker
- A 16-year-old displaced girl
- A female staff member of a local NGO
- A boy with a disability in a refugee camp
- An experienced international staff member
 - A single mother receiving help
 - A teenager recruited by an armed group
- Community leader in a community that participates in targeting

2. Assign Roles: Randomly distribute character profiles to participants. Ask them to "become" that person, to imagine their life and context.

3. The walk (or standing version): Read the statements. If the participant thinks their character would say "yes" to the statement, they take a step forward (or raise their hand if they're in a small space).

Examples of statements:

- I feel safe when I report misconduct by aid workers.
- I know where to go for help if someone hurts me.
- I am listened to and respected by people in positions of authority.
 - I have control over my own decisions.
- I don't need to take risks to find food for my family.
- I have a job and can access health care and education for my children.
- I feel safe and protected when I talk and talk to humanitarian actors.

4. Debriefing (key part): Ask the participants:

- How did you feel when you put yourself in your character's shoes?
 - Who ended up having the most power or privilege?
 - Who had the least?
 - What is the link with vulnerability to SEA?
- What does this mean for our responsibilities as humanitarian workers?



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